



# Managing Challenging Behaviour

► Teaching Tips



# Managing **Challenging** Behaviour

Without effective strategies for managing behaviour, learning opportunities for all students can be negatively impacted.

Managing behaviour, particularly challenging behaviour, relies on utilising a range of strategies in a consistent approach.

We have put together a helpful guide with tips on how to manage challenging behaviour within your classroom.

# Set **Boundaries** and **Expectations**

Prior to engaging in learning, it's always helpful to highlight your classroom expectations and agree these with your students.

This can include outlining expected behaviour on how to participate within the lesson, i.e., raising your hand if you have a question or comment, and talking to your students about the consequences of disruptive behaviour, in line with the school's behaviour management policy.

It's all about setting clear rules in your classroom.



# Keep Calm to **Deescalate** Challenging Environments

Keeping your composure is essential to preventing situations from escalating in the classroom.

Speak in a calm voice and model how to regulate your emotions while engaging with others.

Not only will this help you build rapport and respect with your students, but it will also create a calm environment for learning and growth.



# Structure and Plan your Lessons

When students exhibit challenging behaviour, a primary cause of this can stem from students feeling disengaged from the learning taking place.

Plan your lessons ahead and build in as much engagement as possible, catering for a range of learning styles and interests.

Aim to get your students actively involved in your lessons and see what works best!



# Support and Succeed

When students struggle to grasp what you're teaching, it can lead to disruptive and challenging behaviour.

To avoid this, create a supportive action plan of varying ways to explain a concept, task, or question to help struggling students gain a better understanding.

Talk to students calmly and make sure to praise them when things go right; this can be a great way to positively reinforce acceptable behaviours to display within the classroom.



# It's not **Personal**

Although it can be difficult to follow this advice, try not to take challenging behaviour personally - you're not alone.

You'll find that most, if not every, education professional has had to manage challenging behaviour throughout their career.

The strategies you build to help manage these situations will determine how you're able to grow as an education professional, establishing a calm environment where learning can take place.

Apply these strategies consistently and you will be setting yourself up for success!



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